

Working together to reach your goals



Buckinghamshire **Children**
and **Young People's** Trust

Access Timetables for all Children Centres
in the Aylesbury area online at:

www.bucksfamilyinfo.org

All services are running from the new
community centre at Buckingham Park
unless otherwise stated.

Sure Start
Children's Centres

ACTIVITY TIMETABLE


Activities for families
with children under 5

3rd September 2012 – 26th
October 2012

Jess Family Support Worker:
07768541031
Please call for any queries or
bookings

Quarrendon Children's Centre at
Buckingham Park Community Centre, Jubilee Square, Buckingham Park
HP19 9DZ

Quarrendon Children's Centre, 147 Meadowcroft, Aylesbury, HP19 9HH
Meadowcroft Surgery Jackson Road Aylesbury HP19 9EX
Children's Centre No: 01296 331495

MONDAY AM	TUESDAY AM	WEDNESDAY AM	THURSDAY AM	FRIDAY AM	SATURDAY
<p><u>Parent Craft Ante-Natal Classes</u> <u>10.00am-1:30pm</u> Invitation Only</p>	<p><u>Post Natal Group including Baby Massage</u> <u>10:15am- 11:45am</u> Invitation Only</p>	<p>New! <u>Tiny Ballers</u></p>  <p><u>2-4 year olds</u> <u>9am-10am</u> <u>£1 per family</u> Come along and get active with these fun football sessions for boys and girls!</p> <p>New! <u>Parent and Children's Forum</u> <u>10.30am – 11.15am</u></p>	<p><u>Mobile Library</u> 9:30am- 1:30am Quarrendon Children's Centre Car Park</p> <p>New! <u>First Aid course</u> coming soon...Please register your interest with Jess</p>	<p>New! <u>Jumpstart!</u> <u>2-3 years</u> <u>5 week course</u> <u>7th September-5th October</u> Help your child learn and develop with the Early Years Foundation Stage Principle, activities to help you support easily at home. <u>Spaces for 8 families</u> <u>Booking Only</u> <u>10.00-11.30am</u></p>	<p>See reverse of timetable for service details</p>
PM	PM	PM	PM	PM	SUNDAY
<p>New! <u>Tremendous Tots</u> <u>2pm-3pm</u></p> <p>Structured play sessions for 2 years + to help prepare your child for pre-school. Sessions will work in line with the new revised Early Years Foundation Stage principles</p>	<p><u>Playtime and Family Health Clinic</u> <u>1:30pm-3pm</u></p> <p>New! <u>Themed clinics</u> Support with Weighing, Weaning, Sleep, toilet training and many more!</p>	<p>New! <u>Baby Belles</u> <u>12.00-12:45</u> <u>£1 per family</u></p> <p><u>Priority will go to those</u> <u>families on Buckingham</u> <u>Park estate</u> For Newborn- 6 months</p> <p><u>Weekly Booking Only</u></p>	<p><u>Family Health Clinic</u> <u>1:30pm-3:30pm</u> Meadowcroft Surgery 01296 745688</p>	<p><u>Baby's First Café</u> <u>12.30-2.00pm</u> Breastfeeding Café Quarrendon Children's Centre</p> <p><u>Weigh & Play Family Health Clinic</u> <u>12.30pm-2.00pm</u> Come along and play and get babies weighed too Health Visitors available for weighing from 12.30-1.30pm Quarrendon Children's Centre</p>	

By coming along to the Children's Centre you are offering your child the opportunity to develop physical skills and reach growth milestones

Activities at the Centre can help prepare children for school and pre-school settings. Coming to the Centre gives you as parents and carers the chance to

meet other local families with similar aged children. Professionals from local agencies attend the Centre regularly giving you the opportunity to seek advice, support and ideas.

The staff at Buckingham Park Community Centre look forward to seeing you. If this is your first visit, or if you have any questions regarding a session, please contact Jess at the Children's Centre on 01296 331495/07768541031.

<p><u>Post Natal Group/Baby Massage</u> For new Mum's. With health education and advice on keeping your new baby safe and healthy.</p>	<p><u>Parent Craft Ante Natal</u> This is an appointment service for expecting parents to meet with members of the Midwifery Team and preparing for parenthood.</p>	<p><u>Playtime & Family Health Clinic</u> Come along to our family health clinic run in partnership with the health team. Have your baby weighed. Sessions are themed half termly and shall offer advice around weaning, sleeping, child safety and many more! For older children there is a craft area and age appropriate toys in line with the Early Years Foundation Stage Principles.</p>	<p><u>Baby's first Cafe</u> Breastfeeding Café offering support and advice with Breast feeding. A friendly team will be available to discuss any concerns or issues... or simply just pop in for a cup of tea & a chat.</p>	<p><u>Weigh & Play Family Health Clinic</u> A chance to talk to a Health Visitor, seek advice and to have your baby/child weighed or measured. Toys will be available so stay and have a play with us too.</p>	<p><u>Tiny Ballers</u> Much more than kicking a ball... Tiny Ballers believes that parents participating with their child helps them to learn how to share, taking in turns, colours, numbers communication skills and helps promote healthy lifestyles! For 2-4 year olds. £1 per family</p>
<p><u>Tremendous Tots</u> Structured play sessions for 2-5 years, all sessions shall run in line with the new revised Early Years Foundation Stage Principles, focusing on preparing your child for pre-school/school routines, from healthy lunch boxes to craft there's something for everyone. Children's participation is key to this session, choosing what toys they would like out and craft activities. Please Note: There shall be a baby corner set up for younger siblings.</p>	<p><u>Babybelles</u> Multi Sensory Music sessions newborns-6 months. Helps aid babies development and movement. Priority will be given to families living on the Buckingham Park estate. £1 per family Please call Jess weekly to book your place.</p>	<p><u>First Aid Course</u> We are planning to run First Aid training for families in the Buckingham Park area. Please contact Jess to register your interest. Please note: Childcare will need to be arranged as there is no crèche facility.</p>	<p><u>Jumpstart!</u> A course for parents and children to work together covering lots of subjects each week relating the Early Years Foundation Stage Principles. 7th September – 5th October 2012 More Dates to come through out 2012. If you are a Father/male carer and is interested in doing this course with your child, please contact Jess as we would like to hear from you fo future courses! 8 spaces only Please Book.</p>	<p><u>Parent Forum/ Children's Forum</u> Your chance to play an active role in the way our children's centre is run. No experience necessary just plenty of enthusiasm to get involved. We also believe 'Children should be seen AND heard!' so bring your children along and encourage them to be actively involved in decisions too.</p>	<p>We hope you enjoy sessions at the new Buckingham Park Community Centre, we are always keen to get your feedback on the services we offer, so please don't hesitate to contact us or jot down your ideas/suggestions/comments on a post it note at the end of a session. Your feedback is vital for us to meet the needs of the area and plan future services.</p>